

Sweet Christine's Bakery Product Nutrition Sheet

Item Number	Description	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
101	Sandwich Bread (24 oz.)	1 Slice (49g)	110	35	4	1.5	0	25	115	15	1	5	3
103	Baguette	2" Slice (57g)	120	35	4	0	0	0	360	20	2	3	1
104	Hamburger Buns	1 Roll (91g)	180	50	6	2.5	0	45	420	26	2	9	5
105	Sandwich Bread (40 oz.)	1 Slice (61g)	170	30	3	1	0	30	85	32	2	6	4
106	Raisin Bread	1 Slice (70g)	200	30	3	1	0	30	85	39	3	11	4
107	Hotdog Buns	1 Roll (91g)	180	50	6	2.5	0	45	420	26	2	9	5
108	Plain Bagel	1 Bagel (89g)	210	40	5	2.5	0	40	120	36	2	6	5
109	Raisin Bagel	1 Bagel (89g)	210	40	4.5	2.5	0	35	105	40	3	11	5
201	Chocolate-Chocolate Chip Muffin	½ Muffin (69g)	250	120	13	3.5	0	10	30	34	1	22	2
203	Banana Chocolate Chip Muffin	½ Muffin (69g)	270	100	11	7	0	25	55	43	2	25	2
301	Pizza Crust 8"	1 Crust (71g)	145	80	9	2	0	10	260	13	3	1	3
303	Pizza Crust 12"	1/5 Crust (56g)	230	50	6	0.5	0	0	40	21	3	1	2
304	8" Complete Pizza	1 Pizza (91g)	710	320	36	18	0	125	930	65	5	4	32
503	Lava Cake	1 Cake (145g)	640	310	36	21	0	130	65	85	5	60	6
614	Brownie	1 Brownie (85g)	500	240	27	17	0.5	105	300	63	2	42	4
615	Chocolate Chip Cookie	1 Cookie (71g)	320	160	18	10	0	55	170	42	2	30	4
701	Chocolate Doughnut	1 Doughnut (74g)	210	60	6	1	0	20	230	37	1	24	3
901	Chocolate Cake	1/15 Cake (80g)	270	80	9	3.5	0	25	135	46	2	9	5